



2.5 oz Sub Dough w/ WG

Frozen 2.5 oz Sub Dough made with white wheat flour. Simply thaw, proof and bake. Easy to have the fresh baked aroma in your kitchen and fresh baked subs daily. Meets 2 bread servings and is great for schools and healthcare.



Product Last Saved Date:17May2019

Nutrition

144 Servings per container

Serving Size 1 Sub (2.5)

Amount Per Serving

Calories 160

% Daily

Total Fat 2 g 3%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 240 mg 10%

Total 30 g 11%

Dietary Fiber 4 g 15%

Total Sugars 4 g

Includes 3g Added Sugars 5%

Protein 7 g

Vitamin D 0 mg 0%

Calcium 20 mg 2%

Iron 1.5 mg 8%

Potassium 168 mg 4%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
11224	993178	10710205112244	144 X 2.50 ONZ	

Brand	Brand Owner	GPC Description
BAKER BOY	BAKER BOY BAKE SHOP	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.676 LBR	22.500 LBR	USA	No	No

Shipping Information

Length	Width	Height	Shelf Life	Storage Temp From/To
13.467 INH	12.063 INH	9.250 INH	90	-10 FAH / 0 FAH

Ingredients :

Ingredients: Water, Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Vital Wheat Gluten, Wheat Starch, Contains less than 2% of: Whey, Salt, Potassium Chloride, Maltodextrin, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, Enzyme, Mono-and Diglycerides, Polysorbate 60, Antioxidants (Citric Acid and BHT), Egg, Soy Lecithin. Contains: Wheat, Milk, Egg, and Soy.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Frozen

Benefits :

For bakeries that want the flexibility to create signature items, balance food and labor costs, and tantalize patrons with the aroma of fresh-from-the oven baked goods, Baker Boy doughs are the answer. Just thaw, proof and bake to deliver a consistent, high-quality baked goods that taste like you made them yourself.

Serving Suggestions :

Information Pending

Prep & Cooking Suggestions :

@1. STORE FROZEN UNTIL READY TO USE.2. Place roll dough on silicone treated papered or greased pan, 3 x 5 for individual rolls on an 18 x 26" baking pan with seam side of dough down.3. Cover with plastic bag or place in an enclosed cabinet. Place in retarder or walk-in cooler to thaw overnight. 4. Next day, remove from retarder and allow dough pieces to warm on an open rack at room temperature for 1 hour.5. Place pan in proofer, maintain 100 degrees F and 90 - 95% relative humidity. Allow to proof until rolls are 3 time original size.6. Bake in preheated conventional oven at 375 degrees F for 12 - 16 minutes or 325 degrees F convection oven for 15 - 18 minutes until top and bottom are golden brown.

More Information :

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Shellfish - NI	Sesame - N

100 Gram Nutritional Analysis

Calories		Total Fat	g	Sodium	mg
Protein	g	Trans Fats	g	Calcium	
Total Carbohydrate	g	Saturated Fat	g	Iron	mg
Sugars	g	Polyunsaturated Fat	g	Potassium	mg
Dietary Fiber	g	Monounsaturated Fat	g	Zinc	mg
Lactose	Yes	Cholesterol	mg	Phosphorus	mg
Sucrose					
Vitamin A(IU)		Vitamin D	mcg	Thiamin	mg
Vitamin A(RE)		Vitamin E	mg	Niacin	mg
Vitamin C	mg	Folate	mcg	Riboflavin	mg
Magnesium	mg	Vitamin B-6	mg	Vitamin B-12	mcg
Monosodium		Sulphites	Yes	Nitrates	

Additional Images:

Image #1:



Image #3:

Image #2:

Image #4: