



YMCA Spring SPORTS PROGRAMS

NFL Flag Football League

Mar 4 – May 18 | Reg ends Feb 11

Ages 5-15 | Fees: \$120 – \$175

Flag Football is one of America's most exciting and fastest growing sports and you can get your start here at the YMCA. Designed for youth ages 5-15, the focus is on skill development, sportsmanship, and fun. Weekly games, and practice days and times at the discretion of the coach. In this game, there's a position for everyone. No matter who you are, flag is your chance to run, throw, jump, and fly. This is your chance to get involved in the action and join the flag football movement.

Spring Soccer League

Apr 15 – June 15 | Reg ends March 17

Ages 5-12 | Fees: \$110 – \$165

Our YMCA Soccer Program helps kids become not only better soccer players, but better people as well. It's a progressive program, with multiple age-specific levels. We are committed to teaching sound fundamental skills, fair play, and positive competition. Our desire is that, through sports, youth will find lifelong love for a healthy activity and find ways to strengthen values, improve relationships, appreciate diversity, develop leadership skills and have fun!

ROOKIE SOCCER: Ages 3-4

May 11–June 15

How to Register:

online – ymca-snoco.org

call 425-374-5779



Spring Volleyball League

Mar 18 – May 18 | Reg ends Feb 25

Grades 3-12 | Fees: \$110 – \$165

Volleyball was pioneered by the YMCA in the 1870's, and today it is still a very much-loved sport for those who want a challenging, captivating game to try. Are you ready to experience the thrill of volleyball? Join our league and learn the basics of the game while having fun and meeting other players. Our program is open to all genders, and emphasizes teamwork, good sportsmanship, healthy habits and FUN!

League available for Grade 3-12! Teams practice weekly with weekend games. Season will end with an all branch End of Season Tournament

Spring Basketball League

Apr 8 – June 8 | Reg ends Mar 10

Ages 5-12 | Fees: \$110 – \$165

Get ready to hit the court this winter with YMCA Winter Basketball! Open to boys and girls of all skill levels, age 5–grade 10, the YMCA Basketball League is designed to be an opportunity for boys and girls to continue their growth, abilities, skills, and development in the game of basketball. Mid-week practices and Friday night or Saturday games. Practice days and times will be based on the availability of the volunteer coach of the team. Teams will play against other YMCA of Snohomish County branches at locations across the county.

Calling all returning YMCA sports coaches! We value your dedication and passion for nurturing young athletes, which is why we're excited to offer an exclusive discount on registration fees. As a returning coach, you'll receive a special discount when signing up for YMCA sports programs. It's our way of saying thank you for your commitment to fostering a positive and inclusive sports environment. To find out more about this exciting opportunity and to take advantage of the discount, we encourage you to reach out to your branch's sports director.

"The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event."